

Lodestar's

May  
3rd

9AM-  
2PM

# Milestones for Mental Health

Rain  
Date:  
May 4th

Argyle Gazebo  
Babylon, NY

Join us in celebrating Mental Health Awareness Month!

Supporters may participate in all events, or select what they choose to be a part of!

\$25 ticket: Wellness Walk  
\$15 Each: Wellness Classes:  
Mindfulness, Meditation and Yoga!

Winners of our Mets Luxury Box Raffle and our Poetry and Art Contest will be announced at the end of this event!

Food trucks, vendors, and other partnerships to be announced! Be on the lookout for updates!

◆ Wellness Walk ◆

◆ Wellness Classes ◆

◆ Raffles ◆

◆ Carnival Games ◆

◆ Food Trucks ◆

◆ Live Music ◆

& More!

Go to [www.lodestarcs.org/milestones2025](http://www.lodestarcs.org/milestones2025)  
or email [tgreco@lodestarcs.org](mailto:tgreco@lodestarcs.org)  
to learn more!

